



WHAT'S HAPPENING IN MAY

****ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED****

****WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED****

MONDAY 6TH

Breakfast Club
Time: 7am-9am



TUESDAY 7TH

Breakfast Club
Time: 7am-9am



WEDNESDAY 8TH

Breakfast Club
Time: 7am-9am



THURSDAY 9TH

Breakfast Club
Time: 7am-9am



FRIDAY 10TH

Breakfast Club
Time: 7am-9am



Arts & Crafts
Time: 9am-3pm



Bingo & Games
Time: 9am-3pm



Wellness Day
Time: 9am-3pm



Good Eats - Cooking
Time: 9am-3pm



Community Outing
Time: 9am-3pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



SUITE 1, 6 ENTERPRISE COURT FORSTER

Find a full description
of activities on the back

**TURN ME
OVER!**



WHAT'S HAPPENING IN MAY

****ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED****

****WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED****

MONDAY 6TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Arts & Crafts

Time: 9am-3pm

What to expect: Put your arts and crafts skills to the test!

Session one- Paper Mache! Get creative and choose your own inspiration for a Paper Mache object.

Session Two- Experiment with the variety of materials available to you - drawing, painting or colouring in.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

TUESDAY 7TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Bingo & Games

Time: 9am-3pm

What to expect: Come and get competitive with some Bingo and other games.

Session one: 9am-12pm. This will be for all the bingo lovers! Prizes will be included for the winners!

Session Two: 1pm-3pm. We will have game stations set up in the Hub (board games, puzzles, video games, etc)

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

WEDNESDAY 8TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Wellness Day

Time: 9am-3pm

What to expect: Come and join us for a mid-week reset, enhance your mental and physical wellbeing and enjoy a relaxing day. In the morning we will be going for a drive to a local break-wall for a walk and morning tea by the water. On return to the Hub we will be engaging in an hour of yoga, an hour of meditation and an hour of mindful colouring.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

THURSDAY 9TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Good Eats - Cooking

Time: 9am-3pm

What to expect: We will be offering a full day of cooking. Come in and learn a new skill with us. This activity will include cooking lunch and a dessert. You will have the option of testing your skills and eating what you've cooked.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

FRIDAY 10TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Community Outing

Time: 9am-3pm

What to expect: We will be journeying out to Harrington for the day. This will include exploring the town, a walk along the break wall and a BBQ lunch by the water.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+



SUITE 1, 6 ENTERPRISE COURT FORSTER



WHAT'S HAPPENING IN MAY

****ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED****

****WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED****

MONDAY 13TH

Breakfast Club
Time: 7am-9am



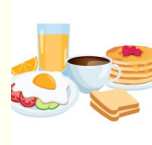
TUESDAY 14TH

Breakfast Club
Time: 7am-9am



WEDNESDAY 15TH

Breakfast Club
Time: 7am-9am



THURSDAY 16TH

Breakfast Club
Time: 7am-9am



FRIDAY 17TH

Breakfast Club
Time: 7am-9am



Arts & Crafts
Time: 9am-3pm



Bingo & Games
Time: 9am-3pm



Wellness Day
Time: 9am-3pm



Good Eats - Cooking
Time: 9am-3pm



Community Outing
Time: 9am-3pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



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****ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED****

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MONDAY 13TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Arts & Crafts

Time: 9am-3pm

What to expect: Put your arts and crafts skills to the test!

Session one- If you joined us last week, you will have the option to finish the Paper Mache project that you were working on OR create something new.

Session Two- Experiment with the variety of materials available to you- drawing, painting or colouring in.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

TUESDAY 14TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Bingo & Games

Time: 9am-3pm

What to expect: Come and get competitive with some Bingo and other games.

Session one: 9am-12pm. This will be for all the bingo lovers! Prizes will be included for the winners!

Session Two: 1pm-3pm. We will have game stations set up in the Hub (board games, puzzles, video games, etc)

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

WEDNESDAY 15TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Wellness Day

Time: 9am-3pm

What to expect: Come and join us for a mid-week reset, enhance your mental and physical wellbeing and enjoy a relaxing day. In the morning we will be going for a drive to a local break-wall for a walk and morning tea by the water. On return to the Hub we will be offering.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

THURSDAY 16TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Good Eats - Cooking

Time: 9am-3pm

What to expect: We will be offering a full day of cooking. Come in and learn a new skill with us. This activity will include cooking lunch and a dessert. You will have the option of testing your skills and eating what you've cooked.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

FRIDAY 17TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Community Outing

Time: 9am-3pm

What to expect: We will be journeying out to Wingham Brush for the day. This will include exploring the Nature reserve and a BBQ lunch by the water.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+



SUITE 1, 6 ENTERPRISE COURT FORSTER



WHAT'S HAPPENING IN MAY

****ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED****

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MONDAY 20TH

Breakfast Club
Time: 7am-9am



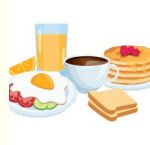
TUESDAY 21ST

Breakfast Club
Time: 7am-9am



WEDNESDAY 22ND

Breakfast Club
Time: 7am-9am



THURSDAY 23RD

Breakfast Club
Time: 7am-9am



FRIDAY 24TH

Breakfast Club
Time: 7am-9am



Arts & Crafts
Time: 9am-3pm



Bingo & Games
Time: 9am-3pm



Wellness Day
Time: 9am-3pm



Good Eats - Cooking
Time: 9am-3pm



Community Outing
Time: 9am-3pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



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MONDAY 20TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Arts & Crafts

Time: 9am–3pm

What to expect: Put your arts and crafts skills to the test!

Session one– Collect and Create! We will go out to One mile beach for a beach walk and outdoor picnic lunch. While we're out we will gather items to create an artwork with.

Session Two– Experiment with the variety of materials available to you- drawing, painting or colouring in.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

TUESDAY 21ST

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Bingo & Games

Time: 9am–3pm

What to expect: Come and get competitive with some Bingo and other games.

Session one: 9am–12pm. This will be for all the bingo lovers! Prizes will be included for the winners!

Session Two: 1pm–3pm. We will have game stations set up in the Hub (board games, puzzles, video games, etc)

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

WEDNESDAY 22ND

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Wellness Day

Time: 9am–3pm

What to expect: Come and join us for a mid-week reset, enhance your mental and physical wellbeing and enjoy a relaxing day. In the morning we will be going for a drive to a local break-wall for a walk and morning tea by the water. On return to the Hub we will be offering.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

THURSDAY 23RD

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Good Eats – Cooking

Time: 9am–3pm

What to expect: We will be offering a full day of cooking. Come in and learn a new skill with us. This activity will include cooking lunch and a dessert. You will have the option of testing your skills and eating what you've cooked.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

FRIDAY 24TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Community Outing

Time: 9am–3pm

What to expect: We will be journeying up to Port Macquarie for the day. This will include exploring the town, a walk along the beach or break wall and a BBQ lunch by the water.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+



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****ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED****

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MONDAY 27TH

Breakfast Club
Time: 7am-9am



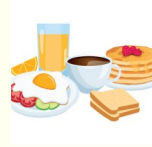
TUESDAY 28TH

Breakfast Club
Time: 7am-9am



WEDNESDAY 29TH

Breakfast Club
Time: 7am-9am



THURSDAY 30TH

Breakfast Club
Time: 7am-9am



FRIDAY 31ST

Breakfast Club
Time: 7am-9am



Arts & Crafts
Time: 9am-3pm



Bingo & Games
Time: 9am-3pm



Wellness Day
Time: 9am-3pm



Good Eats - Cooking
Time: 9am-3pm



Community Outing
Time: 9am-3pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



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Chill Zone
Time: 3pm-6pm



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MONDAY 27TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Arts & Crafts

Time: 9am–3pm

What to expect: Put your arts and crafts skills to the test!

Session one– Collect and Create! We will go out to pebbly beach for a beach walk and an out door picnic lunch. While we're out, we will gather items to create an art work with.

Session Two– Experiment with the variety of materials available to you- drawing, painting or colouring in.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

TUESDAY 28TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Bingo & Games

Time: 9am–3pm

What to expect: Come and get competitive with some Bingo and other games.

Session one: 9am–12pm. This will be for all the bingo lovers! Prizes will be included for the winners!

Session Two: 1pm–3pm. We will have game stations set up in the Hub (board games, puzzles, video games, etc)

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

WEDNESDAY 29TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Wellness Day

Time: 9am–3pm

What to expect: Come and join us for a mid-week reset, enhance your mental and physical wellbeing and enjoy a relaxing day. In the morning we will be going for a drive to a local break-wall for a walk and morning tea by the water. On return to the Hub we will be engaging in an hour of yoga, an hour of meditation and an hour of mindful colouring.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

THURSDAY 30TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Good Eats – Cooking

Time: 9am–3pm

What to expect: We will be offering a full day of cooking. Come in and learn a new skill with us. This activity will include cooking lunch and a dessert. You will have the option of testing your skills and eating what you've cooked.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

FRIDAY 31ST

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Community Outing

Time: 9am–3pm

What to expect: We will be journeying out to Seal Rocks for the day. This will include exploring the town, a walk along the beach and a BBQ lunch by the water.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+



SUITE 1, 6 ENTERPRISE COURT FORSTER



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****ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED****

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MONDAY 3RD

Breakfast Club
Time: 7am-9am



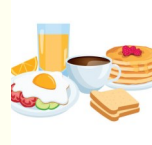
TUESDAY 4TH

Breakfast Club
Time: 7am-9am



WEDNESDAY 5TH

Breakfast Club
Time: 7am-9am



THURSDAY 6TH

Breakfast Club
Time: 7am-9am



FRIDAY 7TH

Breakfast Club
Time: 7am-9am



Arts & Crafts
Time: 9am-3pm



Bingo & Games
Time: 9am-3pm



Wellness Day
Time: 9am-3pm



Good Eats - Cooking
Time: 9am-3pm



Community Outing
Time: 9am-3pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



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Time: 3pm-6pm



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MONDAY 3RD

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Arts, Crafts & Music

Time: 9am–3pm

What to expect: Put your music, arts and crafts skills to the test!

Session one– The Hub's Got Talent! Spend the morning getting musical and showing us what talent you have!
Session Two– Experiment with the variety of materials available to you- drawing, painting or colouring in.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

TUESDAY 4TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Bingo & Games

Time: 9am–3pm

What to expect: Come and get competitive with some Bingo and other games.

Session one: 9am–12pm. This will be for all the bingo lovers! Prizes will be included for the winners!
Session Two: 1pm–3pm. We will have game stations set up in the Hub (board games, puzzles, video games, etc)

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

WEDNESDAY 5TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Wellness Day

Time: 9am–3pm

What to expect: Come and join us for a mid-week reset, enhance your mental and physical wellbeing and enjoy a relaxing day. In the morning we will be going for a drive to a local break-wall for a walk and morning tea by the water. On return to the Hub we will be engaging in an hour of yoga, an hour of meditation and an hour of mindful colouring.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

THURSDAY 6TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Good Eats – Cooking

Time: 9am–3pm

What to expect: We will be offering a full day of cooking. Come in and learn a new skill with us. This activity will include cooking lunch and a dessert. You will have the option of testing your skills and eating what you've cooked.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

FRIDAY 7TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Community Outing

Time: 9am–3pm

What to expect: We will be journeying out to Wingham Brush for the day. This will include exploring the Nature reserve and a BBQ lunch by the water.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+



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MONDAY 10TH

CLOSED- P/H

TUESDAY 11TH

Breakfast Club
Time: 7am-9am



WEDNESDAY 12TH

Breakfast Club
Time: 7am-9am



THURSDAY 13TH

Breakfast Club
Time: 7am-9am



FRIDAY 14TH

Breakfast Club
Time: 7am-9am



CLOSED-P/H

Bingo & Games
Time: 9am-3pm



Wellness Day
Time: 9am-3pm



Good Eats - Cooking
Time: 9am-3pm



Community Outing
Time: 9am-3pm



CLOSED- P/H

Chill Zone
Time: 3pm-6pm



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Chill Zone
Time: 3pm-6pm



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MONDAY 10TH

CLOSED- P/H

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CLOSED- P/H

TUESDAY 11TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Bingo & Games

Time: 9am-3pm

What to expect: Come and get competitive with some Bingo and other games.

Session one: 9am-12pm. This will be for all the bingo lovers! Prizes will be included for the winners!

Session Two: 1pm-3pm. We will have game stations set up in the Hub (board games, puzzles, video games, etc)

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

WEDNESDAY 12TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Wellness Day

Time: 9am-3pm

What to expect: Come and join us for a mid-week reset, enhance your mental and physical wellbeing and enjoy a relaxing day. In the morning we will be going for a drive to a local break-wall for a walk and morning tea by the water. On return to the Hub we will be engaging in an hour of yoga, an hour of meditation and an hour of mindful colouring.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

THURSDAY 13TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Good Eats - Cooking

Time: 9am-3pm

What to expect: We will be offering a full day of cooking. Come in and learn a new skill with us. This activity will include cooking lunch and a dessert. You will have the option of testing your skills and eating what you've cooked.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

FRIDAY 14TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Community Outing

Time: 9am-3pm

What to expect: We will be journeying up to Port Macquarie for the day. This will include exploring the town, a walk along the beach or break wall and a BBQ lunch by the water.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+



SUITE 1, 6 ENTERPRISE COURT FORSTER



WHAT'S HAPPENING IN JUNE

****ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED****

****WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED****

MONDAY 17TH

Breakfast Club
Time: 7am-9am



TUESDAY 18TH

Breakfast Club
Time: 7am-9am



WEDNESDAY 19TH

Breakfast Club
Time: 7am-9am



THURSDAY 20TH

Breakfast Club
Time: 7am-9am



FRIDAY 21ST

Breakfast Club
Time: 7am-9am



Arts & Crafts
Time: 9am-3pm



Bingo & Games
Time: 9am-3pm



Wellness Day
Time: 9am-3pm



Good Eats - Cooking
Time: 9am-3pm



Community Outing
Time: 9am-3pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



SUITE 1, 6 ENTERPRISE COURT FORSTER

Find a full description
of activities on the back

**TURN ME
OVER!**



WHAT'S HAPPENING IN JUNE

****ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED****

****WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED****

MONDAY 17TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Arts & Crafts

Time: 9am–3pm

What to expect: Put your arts and crafts skills to the test!

Session one– Cheers and paint! Make yourself a cuppa or grab a soft drink and test your art skills! We will have paint by number artworks for you to enjoy!

Session Two– Experiment with the variety of materials available to you- drawing, painting or colouring in.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

TUESDAY 18TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Bingo & Games

Time: 9am–3pm

What to expect: Come and get competitive with some Bingo and other games.

Session one: 9am–12pm. This will be for all the bingo lovers! Prizes will be included for the winners!

Session Two: 1pm–3pm. We will have game stations set up in the Hub (board games, puzzles, video games, etc)

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

WEDNESDAY 19TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Wellness Day

Time: 9am–3pm

What to expect: Come and join us for a mid-week reset, enhance your mental and physical wellbeing and enjoy a relaxing day. In the morning we will be going for a drive to a local break-wall for a walk and morning tea by the water. On return to the Hub we will be engaging in an hour of yoga, an hour of meditation and an hour of mindful colouring.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

THURSDAY 20TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Good Eats – Cooking

Time: 9am–3pm

What to expect: We will be offering a full day of cooking. Come in and learn a new skill with us. This activity will include cooking lunch and a dessert. You will have the option of testing your skills and eating what you've cooked.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

FRIDAY 21ST

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Community Outing

Time: 9am–3pm

What to expect: We will be journeying up to Harrington for the day. This will include exploring the town, a walk along the beach and a BBQ lunch by the water.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+



SUITE 1, 6 ENTERPRISE COURT FORSTER



WHAT'S HAPPENING IN JUNE

****ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED****

****WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED****

MONDAY 24TH

Breakfast Club
Time: 7am-9am



Arts & Crafts
Time: 9am-3pm



Chill Zone
Time: 3pm-6pm



TUESDAY 25TH

Breakfast Club
Time: 7am-9am



Bingo & Games
Time: 9am-3pm

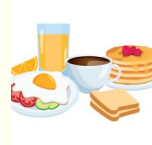


Chill Zone
Time: 3pm-6pm



WEDNESDAY 26TH

Breakfast Club
Time: 7am-9am



Wellness Day
Time: 9am-3pm



Chill Zone
Time: 3pm-6pm



THURSDAY 27TH

Breakfast Club
Time: 7am-9am



Good Eats - Cooking
Time: 9am-3pm



Chill Zone
Time: 3pm-6pm



FRIDAY 28TH

Breakfast Club
Time: 7am-9am



Community Outing
Time: 9am-3pm



Chill Zone
Time: 3pm-6pm



SUITE 1, 6 ENTERPRISE COURT FORSTER

Find a full description
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**TURN ME
OVER!**



WHAT'S HAPPENING IN JUNE

****ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED****

****WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED****

MONDAY 24TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Arts & Crafts

Time: 9am–3pm

What to expect: Put your arts and crafts skills to the test!

Session one– Cheers and paint! If you joined us last week you will have the opportunity to continue your artwork, or start something new!

Session Two– Experiment with the variety of materials available to you- drawing, painting or colouring in.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

TUESDAY 25TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Bingo & Games

Time: 9am–3pm

What to expect: Come and get competitive with some Bingo and other games.

Session one: 9am–12pm. This will be for all the bingo lovers! Prizes will be included for the winners!

Session Two: 1pm–3pm. We will have game stations set up in the Hub (board games, puzzles, video games, etc)

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

WEDNESDAY 26TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Wellness Day

Time: 9am–3pm

What to expect: Come and join us for a mid-week reset, enhance your mental and physical wellbeing and enjoy a relaxing day. In the morning we will be going for a drive to a local break-wall for a walk and morning tea by the water. On return to the Hub we will be engaging in an hour of yoga, an hour of meditation and an hour of mindful colouring.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

THURSDAY 27TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Good Eats – Cooking

Time: 9am–3pm

What to expect: We will be offering a full day of cooking. Come in and learn a new skill with us. This activity will include cooking lunch and a dessert. You will have the option of testing your skills and eating what you've cooked.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

FRIDAY 28TH

Breakfast Club

Time: 7am– 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Community Outing

Time: 9am–3pm

What to expect: We will be journeying out to Seal Rocks for the day. This will include exploring the town, a walk along the beach and a BBQ lunch by the water.

Age: 18+

Chill Zone

Time: 3pm–6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+



SUITE 1, 6 ENTERPRISE COURT FORSTER