

ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED

WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED

MONDAY 6TH

TUESDAY 7TH

WEDNESDAY 8TH

THURSDAY 9TH

FRIDAY 10TH

Breakfast Club Time: 7am-9am



Breakfast Club Time: 7am-9am



Breakfast Club Time: 7am-9am



Breakfast Club
Time: 7am-9am



Breakfast Club
Time: 7am-9am



Arts & Crafts Time: 9am-3pm



Bingo & Games Time: 9am-3pm



Wellness Day Time: 9am-3pm



Good Eats - Cooking Time: 9am-3pm



Community Outing Time: 9am-3pm



Chill Zone



Chill Zone
Time: 3pm-6pm



Chill Zone Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone

Time: 3pm-6pm







ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED **WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED**

MONDAY 6TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Arts & Crafts

Time: 9am-3pm

What to expect: Put your arts and crafts skills to the test! Session one- Paper Mache! Get

creative and choose your own inspiration for a Paper Mache object.

Session Two- Experiment with the variety of materials available to you - drawing, painting or colouring in.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

TUESDAY 7TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Bingo & Games

Session one: 9am-12pm. This will Session Two: 1pm-3pm. We will

Aae: 18+

Time: 9am-3pm

What to expect: Come and get competitive with some Bingo and other games.

be for all the bingo lovers! Prizes will be included for the winners! have game stations set up in the Hub (board games, puzzles, video games, etc)

Chill Zone

Time: 3pm-6pm

Age: 5+

WEDNESDAY 8TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Wellness Day

Time: 9am-3pm

What to expect: Come and join us for a mid-week reset, enhance your mental and physical wellbeing and enjoy a relaxing day. In the morning we will be going for a drive to a local break-wall for a walk and morning tea by the water. On return to the Hub we will be engaging in an hour of yoga, an hour of meditation and an hour of mindful colouring.

Age: 18+

Good Eats - Cooking

Breakfast Club

Time: 7am- 9am

Time: 9am-3pm

Age: 5+

What to expect: We will be offering a full day of cooking. Come in and learn a new skill with us. This activity will include cooking lunch and a dessert. You will have the option of testing your skills and eating what you've cooked.

THURSDAY 9TH

What to expect: Come and join us

for a free breakfast at the Hub!

cereal, toast, fruit and yoghurt.

We are offering a variety of

Age: 18+

FRIDAY 10TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

<u>Age:</u> 5+

Community Outing

Time: 9am-3pm

What to expect: We will be journeying out to Harrington for the day. This will include exploring the town, a walk along the break wall and a BBQ lunch by the water.

Age: 18+

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Time: 3pm-6pm

Chill Zone

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+





ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED

WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED

MONDAY 13TH

TUESDAY 14TH

Breakfast Club

WEDNESDAY 15TH

THURSDAY 16TH

FRIDAY 17TH

Breakfast Club Time: 7am-9am







Breakfast Club Time: 7am-9am



Breakfast Club
Time: 7am-9am



Arts & Crafts Time: 9am-3pm



Bingo & Games Time: 9am-3pm



Wellness Day Time: 9am-3pm



Good Eats - Cooking Time: 9am-3pm



Community Outing Time: 9am-3pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone

Time: 3pm-6pm



SUITE 1, 6 ENTERPRISE COURT FORSTER



ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED

WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED

MONDAY 13TH

TUESDAY 14TH

WEDNESDAY 15TH

THURSDAY 16TH

FRIDAY 17TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

<u>Age:</u>5+

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Arts & Crafts

Time: 9am-3pm

What to expect: Put your arts and crafts skills to the test!

Session one— If you joined us last week, you will have the option to finish the Paper Mache project that you were working on OR create something new.

Session Two— Experiment with the variety of materials available to you—drawing, painting or colouring in.

Age: 18+

Bingo & Games

Time: 9am-3pm

What to expect: Come and get competitive with some Bingo and other games.

Session one: 9am-12pm. This will be for all the bingo lovers! Prizes will be included for the winners!

Session Two: 1pm-3pm. We will have game stations set up in the Hub (board games, puzzles, video games, etc)

Age: 18+

Wellness Day

Time: 9am-3pm

What to expect: Come and join us for a mid-week reset, enhance your mental and physical wellbeing and enjoy a relaxing day. In the morning we will be going for a drive to a local break-wall for a walk and morning tea by the water. On return to the Hub we will be offering.

Age: 18+

Good Eats - Cooking

Time: 9am-3pm

What to expect: We will be offering a full day of cooking. Come in and learn a new skill with us. This activity will include cooking lunch and a dessert. You will have the option of testing your skills and eating what you've cooked.

Age: 18+

Community Outing

Time: 9am-3pm

What to expect: We will be journeying out to Wingham Brush for the day. This will include exploring the Nature reserve and a BBQ lunch by the

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Aae: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

<u>Aae:</u>5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+





ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED

WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED

MONDAY 20TH

TUESDAY 21ST

WEDNESDAY 22ND

THURSDAY 23RD

FRIDAY 24TH

Breakfast Club



Breakfast Club Time: 7am-9am



Breakfast Club
Time: 7am-9am



Breakfast Club
Time: 7am-9am



Breakfast Club Time: 7am-9am



Arts & Crafts
Time: 9am-3pm



Bingo & Games Time: 9am-3pm



Wellness Day Time: 9am-3pm



Good Eats - Cooking Time: 9am-3pm



Community Outing Time: 9am-3pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone









ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED

WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED

MONDAY 20TH

TUESDAY 21ST

WEDNESDAY 22ND

THURSDAY 23RD

FRIDAY 24TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Breakfast Club

Time: 7am- 9am

Time: 9am-3pm

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

What to expect: Come and join us for a

mid-week reset, enhance your mental

relaxing day. In the morning we will be

going for a drive to a local break-wall

water. On return to the Hub we will be

and physical wellbeing and enjoy a

for a walk and morning tea by the

<u>Age:</u> 5+

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

<u>Age:</u>5+

Arts & Crafts

Time: 9am-3pm

What to expect: Put your arts and crafts skills to the test!

Session one— Collect and Create! We will go out to One mile beach for a beach walk and outdoor picnic lunch. While we're out we will gather items to create an artwork with.

Session Two- Experiment with the variety of materials available to you-drawing, painting or colouring in.

Age: 18+

| | Wellness Day

Time: 9am-3pm

Bingo & Games

What to expect: Come and get competitive with some Bingo and other games.

Session one: 9am-12pm. This will be for all the bingo lovers! Prizes will be included for the winners!

Session Two: 1pm-3pm. We will have game stations set up in the Hub (board games, puzzles, video games, etc)

Age: 18+

Good Eats - Cooking

Time: 9am-3pm

What to expect: We will be offering a full day of cooking. Come in and learn a new skill with us. This activity will include cooking lunch and a dessert. You will have the option of testing your skills and eating what you've cooked.

Age: 18+

Community Outing

Time: 9am-3pm

What to expect: We will be journeying up to Port Macquarie for the day. This will include exploring the town, a walk along the beach or break wall and a BBQ lunch by the water.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Aae: 5+

Chill Zone

offering.

Age: 18+

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Aae: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Aae: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+





ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED

WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED

MONDAY 27TH

TUESDAY 28TH

Breakfast Club

Time: 7am-9am

WEDNESDAY 29TH

THURSDAY 30TH

FRIDAY 31ST

Breakfast Club Time: 7am-9am



Breakfast Club Time: 7am-9am



Breakfast Club Time: 7am-9am



Breakfast Club Time: 7am-9am



Arts & Crafts
Time: 9am-3pm



Bingo & Games Time: 9am-3pm



Wellness Day
Time: 9am-3pm



Good Eats - Cooking Time: 9am-3pm



Community Outing
Time: 9am-3pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



9



ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED **WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED**

MONDAY 27TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Arts & Crafts

Time: 9am-3pm

What to expect: Put your arts and crafts skills to the test!

Session one- Collect and Create! We will go out to pebbly beach for a beach walk and an out door picnic lunch. While we're out, we will gather items to create an art work with.

Session Two- Experiment with the variety of materials available to youdrawing, painting or colouring in.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

THESDAY 28TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

<u>Age:</u> 5+

Bingo & Games

Time: 9am-3pm

What to expect: Come and get competitive with some Bingo and other games.

Session one: 9am-12pm. This will be for all the bingo lovers! Prizes will be included for the winners! Session Two: 1pm-3pm. We will have game stations set up in the Hub (board games, puzzles, video games, etc)

Aae: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

WEDNESDAY 29TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Wellness Day

Time: 9am-3pm

What to expect: Come and join us for a mid-week reset, enhance your mental and physical wellbeing and enjoy a relaxing day. In the morning we will be going for a drive to a local break-wall for a walk and morning tea by the water. On return to the Hub we will be engaging in an hour of voga, an hour of meditation and an hour of mindful colouring.

Age: 18+

Chill Zone

Time: 3pm-6pm

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

THURSDAY 30TH

Age: 5+

Good Eats - Cooking

Time: 9am-3pm

What to expect: We will be offering a full day of cooking. Come in and learn a new skill with us. This activity will include cooking lunch and a dessert. You will have the option of testing your skills and eating what you've cooked.

Age: 18+

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

FRIDAY 31ST

Age: 5+

Community Outing

Time: 9am-3pm

What to expect: We will be journeying out to Seal Rocks for the day. This will include exploring the town, a walk along the beach and a BBQ lunch by the water.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

activity of your choice! Age: 5+



SUITE 1, 6 ENTERPRISE COURT FORSTER

What to expect: At our Hub we offer a

this time to explore and engage in an

wide range of activities. Feel free to use



ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED

WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED

MONDAY 3RD

TUESDAY 4TH

Breakfast Club

WEDNESDAY 5TH

THURSDAY 6TH

FRIDAY 7TH

Breakfast Club Time: 7am-9am







Breakfast Club Time: 7am-9am



Breakfast Club
Time: 7am-9am



Arts & Crafts
Time: 9am-3pm



Bingo & Games Time: 9am-3pm



Wellness Day
Time: 9am-3pm



Good Eats - Cooking Time: 9am-3pm



Community Outing Time: 9am-3pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone

Time: 3pm-6pm



Find a full description of activities on the back





ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED

WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED

MONDAY 3RD

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Arts, Crafts & Music

Time: 9am-3pm

What to expect: Put your music, arts and crafts skills to the test!

Session one- The Hub's Got Talent!

Spend the morning getting musical and showing us what talent you have!

Session Two- Experiment with the variety of materials available to youdrawing, painting or colouring in.

Chill Zone

Age: 18+

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

TUESDAY 4TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Bingo & Games

Time: 9am-3pm

What to expect: Come and get competitive with some Bingo and other games.

Session one: 9am-12pm. This will be for all the bingo lovers! Prizes will be included for the winners! Session Two: 1pm-3pm. We will have game stations set up in the Hub (board games, puzzles, video games, etc)

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

WEDNESDAY 5TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Wellness Day

Time: 9am-3pm

What to expect: Come and join us for a mid-week reset, enhance your mental and physical wellbeing and enjoy a relaxing day. In the morning we will be going for a drive to a local break-wall for a walk and morning tea by the water. On return to the Hub we will be engaging in an hour of yoga, an hour of meditation and an hour of mindful colouring.

Age: 18+

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

THURSDAY 6TH

<u>Age:</u> 5+

Good Eats - Cooking

Time: 9am-3pm

What to expect: We will be offering a full day of cooking. Come in and learn a new skill with us. This activity will include cooking lunch and a dessert. You will have the option of testing your skills and eating what you've cooked.

Age: 18+

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

FRIDAYFTH

Age: 5+

Community Outing

Time: 9am-3pm

What to expect: We will be journeying out to Wingham Brush for the day.
This will include exploring the Nature reserve and a BBQ lunch by the water.

<u>Age:</u>18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

<u>Age:</u>5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+





ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED

WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED

MONDAY 10TH

TUESDAY 11TH

WEDNESDAY 12TH

THURSDAY 13TH

FRIDAY 14TH

CLOSED-P/H



Breakfast Club Time: 7am-9am



Breakfast Club Time: 7am-9am



Breakfast Club Time: 7am-9am



CLOSED-P/H



Wellness Day Time: 9am-3pm



Good Eats - Cooking Time: 9am-3pm



Community Outing Time: 9am-3pm



CLOSED-P/H



Chill Zone Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



9



ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED

WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED

MONDAY 10TH

THESDAY 11TH

WEDNESDAY 12TH

THURSDAY 13TH

What to expect: Come and join us

for a free breakfast at the Hub!

cereal, toast, fruit and yoghurt.

We are offering a variety of

Breakfast Club

Time: 7am- 9am

FRIDAY 14TH

CLOSED-P/H

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast,

fruit and yoghurt.

Age: 5+

CLOSED-P/H

Bingo & Games

Time: 9am-3pm

What to expect: Come and get competitive with some Bingo and other games.

Session one: 9am-12pm. This will be for all the bingo lovers! Prizes will be included for the winners! Session Two: 1pm-3pm. We will have game stations set up in the Hub (board games, puzzles, video games, etc)

Age: 18+

Wellness Day

Time: 9am-3pm

What to expect: Come and join us for a mid-week reset, enhance your mental and physical wellbeing and enjoy a relaxing day. In the morning we will be going for a drive to a local break-wall for a walk and morning tea by the water. On return to the Hub we will be engaging in an hour of yoga, an hour of meditation and an hour of mindful colouring.

Age: 18+

Good Eats - Cooking

Time: 9am-3pm

Age: 5+

What to expect: We will be offering a full day of cooking. Come in and learn a new skill with us. This activity will include cooking lunch and a dessert. You will have the option of testing your skills and eating what you've cooked.

Age: 18+

Community Outing

Time: 9am-3pm

What to expect: We will be journeying up to Port Macquarie for the day. This will include exploring the town, a walk along the beach or break wall and a BBQ lunch by the water.

Age: 18+

CLOSED-P/H

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+





ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED **WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED**

MONDAY 17TH

TUESDAY 18TH

Breakfast Club

WEDNESDAY 19TH

THURSDAY 20TH

FRIDAY 21ST

Breakfast Club Time: 7am-9am







Breakfast Club Time: 7am-9am



Breakfast Club Time: 7am-9am



Arts & Crafts Time: 9am-3pm



Bingo & Games Time: 9am-3pm



Wellness Day Time: 9am-3pm



Good Eats - Cooking Time: 9am-3pm



Community Outing Time: 9am-3pm



Chill Zone Time: 3pm-6pm



Chill Zone Time: 3pm-6pm



Chill Zone Time: 3pm-6pm



Chill Zone Time: 3pm-6pm



Chill Zone





Find a full description of activities on the back





ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED **WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED**

MONDAY 17TH

WEDNESDAY 19TH

THURSDAY 20TH

What to expect: Come and join us

for a free breakfast at the Hub!

cereal, toast, fruit and yoghurt.

We are offering a variety of

Breakfast Club

Time: 7am- 9am

FRIDAY 21ST

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Breakfast Club

Bingo & Games

What to expect: Come and get

competitive with some Bingo and

Session one: 9am-12pm. This will

be for all the bingo lovers! Prizes

will be included for the winners!

Session Two: 1pm-3pm. We will

have game stations set up in the

Hub (board games, puzzles, video

Time: 9am-3pm

other games.

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

THESDAY 18TH

Age: 5+

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

<u>Age:</u> 5+

Arts & Crafts

Time: 9am-3pm

What to expect: Put your arts and

Session one- Cheers and paint! Make yourself a cuppa or grab a soft drink and test your art skills! We will have paint by number artworks for you to

Session Two- Experiment with the drawing, painting or colouring in.

crafts skills to the test!

enjoy!

variety of materials available to you-

Age: 18+

Wellness Day

Time: 9am-3pm

What to expect: Come and join us for a mid-week reset, enhance your mental and physical wellbeing and enjoy a relaxing day. In the morning we will be going for a drive to a local break-wall for a walk and morning tea by the water. On return to the Hub we will be engaging in an hour of yoga, an hour of meditation and an hour of mindful colouring.

Age: 18+

Good Eats - Cooking

Time: 9am-3pm

Age: 5+

What to expect: We will be offering a full day of cooking. Come in and learn a new skill with us. This activity will include cooking lunch and a dessert. You will have the option of testing your skills and eating what you've cooked.

Age: 18+

Community Outing

Time: 9am-3pm

What to expect: We will be journeying up to Harrington for the day. This will include exploring the town, a walk along the beach and a BBQ lunch by the water.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

games, etc)

Age: 18+

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+





ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED

WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED

MONDAY 24TH

THESDAY 25TH

Breakfast Club

WEDNESDAY 26TH

THURSDAY 27TH

FRIDAY 28TH

Breakfast Club Time: 7am-9am







Breakfast Club
Time: 7am-9am



Breakfast Club Time: 7am-9am



Arts & Crafts
Time: 9am-3pm



Bingo & Games Time: 9am-3pm



Wellness Day Time: 9am-3pm



Good Eats - Cooking Time: 9am-3pm



Community Outing Time: 9am-3pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone
Time: 3pm-6pm



Chill Zone





Find a full description of activities on the back





ALL ACTIVITIES ARE FREE UNLESS OTHERWISE SPECIFIED

WE CAN PROVIDE FREE PICK UP/ DROP OFFS FROM LOCAL SCHOOLS/ HOMES IF REQUIRED

MONDAY 24TH

TUESDAY 25TH

WEDNESDAY 26TH

THURSDAY 27TH

What to expect: Come and join us

for a free breakfast at the Hub!

cereal, toast, fruit and yoghurt.

We are offering a variety of

Breakfast Club

Time: 7am- 9am

FRIDAY 28TH

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Breakfast Club

Bingo & Games

What to expect: Come and get

competitive with some Bingo and

Session one: 9am-12pm. This will

be for all the bingo lovers! Prizes

will be included for the winners!

Session Two: 1pm-3pm. We will

have game stations set up in the

Hub (board games, puzzles, video

Time: 9am-3pm

other games.

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

Age: 5+

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

<u>Age:</u>5+

Breakfast Club

Time: 7am- 9am

What to expect: Come and join us for a free breakfast at the Hub! We are offering a variety of cereal, toast, fruit and yoghurt.

<u>Age:</u>5+

Arts & Crafts

Time: 9am-3pm

What to expect: Put your arts and crafts skills to the test!

Session one— Cheers and paint! If you joined us last week you will have the opportunity to continue your artwork, or start something new!

Session Two- Experiment with the variety of materials available to youdrawing, painting or colouring in.

Age: 18+

Wellness Day

Time: 9am-3pm

What to expect: Come and join us for a mid-week reset, enhance your mental and physical wellbeing and enjoy a relaxing day. In the morning we will be going for a drive to a local break-wall for a walk and morning tea by the water. On return to the Hub we will be engaging in an hour of yoga, an hour of meditation and an hour of mindful colouring.

Age: 18+

Good Eats - Cooking

Time: 9am-3pm

Age: 5+

What to expect: We will be offering a full day of cooking. Come in and learn a new skill with us. This activity will include cooking lunch and a dessert. You will have the option of testing your skills and eating what you've cooked.

Age: 18+

Community Outing

Time: 9am-3pm

What to expect: We will be journeying out to Seal Rocks for the day. This will include exploring the town, a walk along the beach and a BBQ lunch by the water.

Age: 18+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

games, etc)

Age: 18+

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Aae: 5+

Chill Zone

Time: 3pm-6pm

What to expect: At our Hub we offer a wide range of activities. Feel free to use this time to explore and engage in an activity of your choice!

Age: 5+

